GATESHEAD GIRLS UTD: YEAR 4/5 FOOTBALL

- Schools can enter a maximum of 2 teams.
- Teams consist of 5 girls from a maximum squad of 9.
- Teams will play one another in their group in a 'round-robin' format.
- Rolling substitutes.
- Players MUST wear shin pads at all times.
- Players MUST wear suitable footwear for grass pitches (no metal studs).
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators allowed, we would please ask you to inform any spectators to be respectful of the rules and all refereeing decisions. Spectators must stay behind barriers at all times.

RESPECT SELF BELIEF PASSION DETERMINATION HONESTY TEAMWORK

SCHOOL SPORT ORGANISING CREW

- A School Sport Organising Crew (SSOC) is a diverse group of young people that join together to develop, organise and promote PE, School Sport and Intra-school competition.
- The groups will take part in different games and activities to get them thinking about the current sport offer in their school and how they can achieve their goal of ensuring 'EVERY child in their school takes part in 30 minutes of physical activity every day at school.'
- Implementation and continuation of virtual resources for better engagement, allowing more schools to be able to take part.
- Various workshops, workbooks and resources provided.
- SSOC training can be done at your own pace.

HONESTY

Virtual Resource

YEAR 5/6 TAG RUGBY COMPETITIONS

- Schools can enter a maximum of 2 teams.
- Teams will play one another in their group in a 'round-robin' format.
- Teams consist of 7 players from a maximum squad of 9. 3 boys and 3 girls must be playing at any one time.
- Substitutes can be made at any point.
- Normal sports trainers / rubber studs only.
- Gumshields highly advised.
- Winners will go forward to the Gateshead 5/6 tag rugby finals.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators allowed on a case-by-case basis, depending on venue restrictions. Please contact us to confirm if the location of your competition will allow for spectators.

EYFS MULTI-SPORT FESTIVAL

- Schools can enter a maximum of 1 team, consisting of a maximum of 15 pupils.
- The EYFS Multi-Sport Festival involves a carousel of activities for your pupils to practice and develop fundamental movements while taking part in fun challenges.
- Activities will be led by leaders/coaches wherever possible. If staff have to lead on activities, schools will be made aware prior to the event.
- This event is non-competitive.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators not permitted.

PRIMARY CROSS-COUNTRY

- Teams consist of 6 runners (3 boys & 3 girls) with team and individual categories.
- Schools can enter a maximum of 2 teams per category.
- Categories consist of year 3/4 and year 5/6 events.
- The course is approximately 1800m for year 5/6 pupils and 1200m for year 3/4 pupils.
- The event will take place on varying surfaces (grass/trail etc).
- All participants should wear appropriate clothing/footwear (no spikes/boots allowed).
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators allowed, but must stay behind barriers at all times. All dogs must be kept on leads.

KS1 INDOOR ATHLETICS FESTIVAL

- Schools can enter a maximum of 1 team, consisting of a maximum of 15.
- The KS1 indoor athletics Festival involves a carousel of activities for your pupils to practice fundamental movements while taking part in fun challenges.
- Activities will be led by leaders/coaches wherever possible. If staff have to lead on activities, schools will be made aware prior to the event.
- This event is non-competitive.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators not permitted.

YEAR 5/6 GIRLS 6-A-SIDE FOOTBALL

- Schools can enter a maximum of 1 team.
- Matches will be played in a 6-a-side format.
- Teams consist of 6 players, from a squad of 10.
- Rolling substitutes.
- Format will include group stages, proceeding to knock outs/semi-finals etc.
- Shin pads must be worn at all times.
- Appropriate footwear for Astro turf required (rubber studs allowed, no metal).
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators allowed, we please ask you to inform any spectators to be respectful of the rules and all refereeing decisions. All spectators must sit on the balcony above the reception area.

CHANGE FOR LIFE

- This virtual resource will provide you with activities to host your own Change4Life Festival in-school alongside information on how to set up and run your very own C4L club if you don't already have one.

- Change 4 Life Festivals and clubs are designed to encourage children who wouldn't usually take part in sport to get involved in physical activity, promoting a healthy active lifestyle by trying new activities.

- Non-competitive.

TEAMWORK

Virtual Resource

YEAR 5/6 SPORTSHALL ATHLETICS

- Schools can enter a maximum of 1 team.
- The event will consist of 6 track and 6 field events.
- School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted.
- An athlete is limited to TWO track and TWO field events
- Points will be awarded on a 'points for performance' basis – pupils will score points based on their time/distance, not their finishing position.
- Pupils are to wear suitable indoor sportshall footwear (no spikes).
- Winning teams from each qualifier will go through to the 5/6 sportshall athletics finals.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators not permitted.

TOP SPORTSABILITY: PARALYMPIC SPORT FESTIVAL

- Schools can enter a maximum of 1 team, consisting of a maximum of 15 pupils on the SEND Register.
- The TOP Sportsability: Paralympic Sport Festival involves a carousel of activities for your pupils with a focus on participation and the development of skills needed for that particular sport.
- Activities will be led by leaders/coaches wherever possible. If staff have to lead on activities, schools will be made aware prior to the event.
- The event is non-competitive.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators not permitted.

PANATHLON - 10 PIN BOWLING

- Schools can enter a maximum of 1 team, consisting of a maximum of 6 pupils on the SEND Register.
- Teams will take part in 1 game, and will take turns within their school team.
- Opportunity for 1st, 2nd and 3rd place within school teams, as well as individual pupils making the '100 club', if they score over 100 individually.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- The event will be ran by smile through sport.
- Spectators not permitted.

YEAR 5 PLAYGROUND LEADER TRAINING

- Schools can enter a maximum of 1 team, consisting of a maximum of 10 pupils from Year 5.
- The year 5 leadership training day involves a carousel of activities for your pupils with a focus on the 'STEP' format. activities will be fun, with a leadership focus. The event will also include workshop formats whereby pupils will listen to presentations and fill in work booklets.
- Schools to bring pens/pencils for written work.
- Activities will be led by leaders/coaches who have taken part in prior training.
- Pupils to wear suitable clothing for an indoor sports hall.
- Further details including the event risk assessment will be sent to registered schools closer to the event.
- Spectators not permitted.

WINTER RUNDERLAND 2025

- This resource can be tailored for all age groups, something the whole school can be involved in.
- The challenge focuses on the number of minutes of physical activity is recorded by each class.
- These minutes are then converted into points and added to a leaderboard.
- This is a borough wide competition.
- Schools who reach the maximum number of points set by the GSSP, will be entered into a prize draw.

Virtual Resource

PRIMARY PANATHLON QUALIFIER

Overview:

- Primary Panathlon will feature a maximum of 8 teams per session competing across different activities.

Teams:

- Eligibility – any child on the SEND register. All children will receive a medal, certificate and winning team will win a trophy.

Structure:

- Teams should consist of 5–8 young people aged 5 to 11 yrs.
- School teams will stay together throughout all the activity rotations and collect team points.
- Once the First 4 rotations have been completed , we may take a short break (not a lunch break), then continue with 3 more rotations.
- If time permits, non-scoring activities and relay races will take place, followed by team presentations.

Other information:

- Please ensure one member of staff who attends with the team is first aid trained, however other members of staff on-site will also be first aid trained.
- Risk assessment will be sent to all attending schools prior to the event.
- Spectators not permitted.